

September and October 2018

Visually Impaired Program Newsletter

City of Raleigh Parks, Recreation and Cultural Resources

Specialized Recreation & Inclusion Services

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The Visually Impaired Program is intended for individuals 18 and older with visual impairments, unless otherwise noted.

Program registration numbers will be reviewed 2 weeks in advance, with a final decision made 1 week in advance as to whether minimum registration #s have been met to determine whether there is sufficient registration to hold the program. This is consistent with other City programs and provides the opportunity for respectful and timely communication for participants, staff and program locations.

All participants must complete and sign a Participation Form before participating in any activity. These forms are valid for one year. Please be prepared to complete prior to event participation.

Program Information:

- Registration numbers for programs will be reviewed 2 weeks in advance, with a final decision made 1 week in advance as to whether minimum registration #s have been met. Some specific programs may have earlier registration deadlines, based on the specific program – please refer to the program description.
- Minimum registration numbers will vary by program.
- Single rate program fees will be advertised for all programs. Please refer to the description regarding the type of transportation included for the specific program.

Registration & Payments:

- Registration will not be accepted without payment. Participants should be prepared to make payment at the time of registration. If leaving a message to register, staff will expect payment to be remitted when returning call to confirm registration.
- Additional information regarding the City's Fee Assistance Program is available upon request.

Please reference the end of the newsletter for additional policies.

ON-GOING ACTIVITIES

Mondays:

Darts at Five Points Center for Active Adults

| | |
|---------------------------|-----------------|
| September: 10, 17, 24 | 6:30pm – 8:15pm |
| Registration: \$12.00 | Barcode: 226850 |
| October: 1, 8, 15, 22, 29 | 6:30pm – 8:15pm |
| Registration: \$20.00 | Barcode: 226851 |

Come enjoy a competitive evening playing darts. You must register and pay for the entire month in order to participate. Weekly registration is not available. Meet at Five Points Center, 2000 Noble Rd, 27608; door to door transportation home.

Tuesdays:

Walking to Wellness at Triangle Town Center

| | |
|----------------------|-----------------|
| September 25 | 6:00pm – 7:00pm |
| Registration: \$2.00 | Barcode: 226692 |
| October 23 | 6:00pm – 7:00pm |
| Registration: \$2.00 | Barcode: 229680 |

FAMILY PROGRAM: This walking group is for beginners or for those who already walk, and are looking to increase their physical activity. Staff will be on site to lead the group; however, one on one assistance is not provided. The group will walk at Triangle Town Center, rain or shine.

***Please note updated meeting location: Meet at front of Barnes & Noble, Triangle Town Center, 5959 Triangle Town Blvd, 27616; door to door transportation home.**

Water Aerobics at Millbrook Exchange

| | |
|----------------------|-----------------|
| September 4 & 18 | 7:00pm–8:00pm |
| Registration: \$4.00 | Barcode: 226692 |
| October 2 & 16 | 7:00pm–8:00pm |
| Registration: \$4.00 | Barcode: 226693 |

Ages 14 and up. This shallow water exercise class will focus on improving posture, balance, and range of motion, giving you an overall workout to improve your health and level of fitness. Bring your own swim suit and towel. Meet at Millbrook Exchange Pool, 1905 Spring Forest Road, 27615; door to door transportation home.

Wednesdays:

Fun Bowl at Buffalo Lanes North

| | |
|----------------------------|------------------|
| September: 5, 12, 19, 26 | 12:30pm – 2:30pm |
| Registration: \$4.00 | Barcode: 226448 |
| October: 3, 10, 17, 24, 31 | 12:30pm – 2:30pm |
| Registration: \$5.00 | Barcode: 226449 |

Each game costs \$1, up to 3 games, and you will need to pay the bowling alley in cash each day. Participants must be able to carry balls to and from the bowling lane and be able to bowl unassisted. One-on-one instruction is not provided. Pin spotters and rails are available. Weekly registration is not available. You must register for a month in order to participate. Meet at Buffalo Lanes North, 5900 Oak Forest Rd, 27616. No door to door transportation provided.

Bingo at Chavis Community Center

September 26

7:00pm - 8:45pm

Registration: \$4.00

Barcode: 224950

October 24

7:00pm - 8:45pm

Registration: \$4.00

Barcode: 224951

Ages: 14 and up. Join us for an evening of fellowship, fun and bingo. Braille and large print cards are available.

There will be no food or drink provided. Participants are welcome to bring or order food to be delivered to the program location. Food, delivery and eating should not interrupt the program. Meet at Chavis Community Center, 505 MLK Blvd, 27601; door to door transportation home.

Thursdays:

Trivia Night at Buffalo Brothers

September 20

6:00pm - 8:30pm

Registration: \$2.00

Barcode: 226452

October 18

6:00pm - 8:30pm

Registration: \$2.00

Barcode: 226453

Put on your thinking caps and join us for dinner, and a fun night of trivia! DJ Trivia will be hosting and trivia begins at 7:00pm. Please bring money for dinner. Meet at Buffalo Brothers, 3111 Capital Blvd, 27604; door to door transportation home.

Fridays:

Audio Book Club at the NC Library for the Blind

September 14

10:00am – 12:00pm

October 12

10:00am – 12:00pm

No cost; no transportation provided

If you are interested in joining the book club please contact Marlene Debo at (919)733-4376. The book group meets at NC Library for the Blind & Physically Handicapped, 1841 Capital Boulevard, 27635.

Outlaw Bowling at Buffalo Lanes North

The Outlaw program is the nation's largest and most consistent blind bowler league. Participation is governed by league by-laws and officers. Contact Sharon Benton, League President, at (919) 755-0700 for league information and transportation needs.

September Activities

37th Annual Greek Festival

Saturday, September 8

11:30am-2:30pm

Registration: \$10.00

Barcode: 224961

Join us for the 37th Annual Greek Festival in the Jim Graham Building at the NC State Fairgrounds. Enjoy delicious handmade, authentic Greek Food prepared by the Holy Trinity Greek Orthodox Church Family using recipes handed down for generations. Hear live Greek music and see traditional folk dances. Please bring money for food. Please wear comfortable shoes and be prepared to navigate through crowds. One-on-one assistance is not provided. Meet at Jaycee Community Center, 2405 Wade Avenue at 11:30am. Door to door transportation home.

Overnight Trip to Wilmington, NC

Saturday, September 15-16

9:00am-4:00pm

Registration: \$235

Barcode: 226844

Join us for a weekend of fun! We will enjoy the river front in downtown Wilmington by having lunch on the river and taking an afternoon river cruise. We will enjoy an evening dinner and swimming at our hotel. Who goes to Wilmington and doesn't visit the beach? On Sunday we will take a trip to the beach to catch some rays! Please pack beach attire, and bring money for Saturday's lunch and dinner, as well as, Sunday's quick stop for lunch on the way home. Our friends for the Dragon Social Club will join us. Meet at Jaycee Community Center, 2405 Wade Avenue, at 9:00am. Pickup time will be 4:00pm on Sunday 9/9. No door to door transportation home.

NC Zoo Trip

Saturday, September 22

9:00pm – 6:00pm

Registration: \$40.00

Barcode: 224960

It's time to see some bears, lions, tigers and more! Join us for the annual NC Zoo trip! Please bring money for lunch at the zoo, and any souvenirs. Please feel free to pack a snack for the ride home, as we will only make a quick bathroom break, but will not stop for dinner. Participants should be prepared to walk long distances, be prepared to navigate through crowds, and be outside for the day. One-on-one assistance is not provided. Our friends from Dragon, Wildcat, Adventure, and HIP Social Club will join us. Meet at Jaycee Community Center, 2405 Wade Avenue, at 9:00am. Door to door transportation home.

October Activities

Dinner and a Movie

Sunday, October 7

4:00pm-9:00pm

Registration: \$4.00

Barcode: 224995

Join us for dinner and a movie at North Hills. As new releases come out, we'll spend some time socializing, enjoying each other's company, and the current features of the month. Movie of choice can be selected within a pre-determined time frame. Must be ready for pickup at 2:00pm. Door to door transportation to program location and home.

NC State Fair: Day Session

Tuesday, October 16

9:30am-2:30pm

Registration: \$10.00

Barcode: 224966

Who doesn't love the NC State Fair! Join us we take in the rides, vendors and food that the State Fair has to offer. Ride tickets can be purchased online at the NC State Fair website. Please bring money for tickets, food and any souvenirs. Please wear comfortable shoes and be prepared to navigate through crowds. Our friends from HIP Social Club and QUEST will join us. We will break into small groups based on preference of activity. One-on-one assistance is not provided. Centralized pick-up and drop-off at Jaycee Community Center, 2405 Wade Ave, 27607, at 9:15am; no door to door transportation.

NC State Fair: Night Session

Wednesday, October 17

4:30pm-10:30pm

Registration: \$12.00

Barcode: 224965

Who doesn't love the NC State Fair! Join us we take in the rides, vendors and food that the State Fair has to offer.

Ride tickets can be purchased online at the NC State Fair website. Please bring money for tickets, food and any souvenirs. Please wear comfortable shoes and be prepared to navigate through crowds. Our friends from Dragon, Wildcat, Adventure, and HIP Social Clubs will join us. We will break into small groups based on preference of activity. One-on-one assistance is not provided. Meet at Jaycee Community Center, 2405 Wade Avenue at 4:15pm. Door to door transportation home.

Triangle Oktoberfest

Saturday, October 20

4:00pm-7:30pm

Registration: \$30.00

Barcode: 224965

Join us for the 5th annual Triangle Oktoberfest at Koka Booth Amphitheater. This will be an authentic German festival focused on family fun, traditional Bavarian food and fare, and plenty of local and authentic German beers from Munich. Live entertainment will showcase The Polka Brothers, the most exciting Wiener Dog Races and Parade in NC, Masskrugstemmen and Hammerschlagen Competitions, and yes, Yodeling. Please wear comfortable shoes and be prepared to navigate crowds. Please bring money for anything you would like to purchase. One-on-one assistance will not be provided. Must register prior to Saturday, September 22. Meet at Jaycee Community Center, 2405 Wade Ave, 27607, at 4:00pm. Door to door transportation home.

IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT PROGRAMS, PLEASE CALL BEFORE YOU REGISTER.

Program Policies:

- Unless otherwise noted, all programs are for individuals ages 18 and older, who are blind or have various levels of vision impairment.
- Family members must register for events noted as FAMILY EVENT with the participating visually impaired family member. Participants under the age of 18 must be accompanied by a parent or legal guardian. When registering, please be sure to identify family members and anyone under-age to the office staff. Programs fees still apply.
- The only way to secure your registration is by making payment to the City of Raleigh (checks, money orders or credit card accepted).
- Registration for programs will be reviewed 2 weeks in advance with a final determination 1 week in advance as to whether the program will run.
- Program cancellation notifications will be made via email (unless not available) to staff, participants, etc.
- Registration may be left on voicemail. Participants should be prepared to make payment when staff returns the call to confirm registration. Please clearly leave your name, the event and event date, whether or not you need transportation (if applicable), when/how to expect your payment and your contact information.

- Service animals are welcome in programs and on vehicles. Participants must notify the office at the time of registration and no later than 1 week prior to the program date, so appropriate arrangements can be made.
- Program cancellations/withdrawals may be left on voicemail. However, we will follow the Refund Policy as noted below. Please clearly leave your name, the event and event date, the reason for your cancellation, and your contact information.
- All participants must complete and sign a Participation Form before participating in any activity. These forms are valid for one year.
- 1 on 1 assistance will not be provided for programs, unless noted otherwise in the program description. Travel programs will be staffed on a 1 staff/chaperone to 4 participant ratio, unless otherwise noted in the program description.
- Transportation will only be available for individuals ages 8+ or those who meet the 80lb. requirement for not needing a booster seat.
- When door to door to and from a program is available, we will pick up participants up to 2 hours before the scheduled event, based on the number of participants riding. Please be ready 2 hours prior to the program time. You will hear the driver blow the horn 3 times.
- Drivers are not authorized to leave the vehicle to assist participants. Program participants must be able to meet and load the vehicle independently.
- Drivers will only make stops predetermined by the office, except in emergency situations.

- Drivers may pick up or drop off participants at any location within the Raleigh city limits. (The location is not required to be a residence.) Please notify staff at the time of registration. Last minute requests are not guaranteed.
- Program volunteers or personal assistants must be approved by office staff prior to attending programs. Additional paperwork may be required and may take up to 2 weeks for processing.
- All program participants must be able to participate and interact appropriately in a social setting.
- All participants riding City vehicles are required to wear seat belts while the vehicle is in motion, if they are available.
- No smoking on vehicles or City of Raleigh property, unless in designated smoking areas.
- Open food or drink is not allowed on the vehicle.
- No profanity will be allowed on the vehicle or at programs.
- Please refrain from wearing strong cologne or perfume to respect those with allergies.
- Only registered participants, staff and approved volunteers/personal assistants are authorized to ride transportation.

Refund Policy:

- 100% refund/credit/transfer if the department cancels a program, 100% credit or transfer of fees to another program at time of withdrawal or 85% refund based on total cost of program;

- Refund/credit/transfer requests received less than 14 days prior to the start date of a program will not be granted;
- Refunds for medical reasons requested prior to the start date of a program will be granted at 100%, subject to verification;
- A credit may be used by any family member on the same registration account;
- Non-attendance/non-participation in a program does not entitle a patron to a refund.

Non-Discrimination Policy:

The City of Raleigh Parks, Recreation and Cultural Resources Department does not discriminate on the basis of race, color, national origin, sex, religion, age, sexual orientation or disability in employment opportunities or the provision of services, programs or activities. A participant alleging discrimination on the basis of any of the aforementioned areas may file a complaint with the Director of the Raleigh Parks, Recreation and Cultural Resources Department or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240.